



HIGHTOWER
White Pine Wealth Management



Winter 2020-2021 Newsletter

Greetings to you in 2021! Here at White Pine Wealth Management, we are looking forward to a winter full of outdoor (albeit socially distanced) activities, cozy snow days by the fire, and commuting from our kitchen to our home offices. With $\frac{3}{4}$ of our team working remotely (and maybe doing it in bunny slippers...), we are Zooming with clients and each other daily to ensure that the service and financial advice upon which you depend is uninterrupted.

When we're not hard at work, we're finding ways to keep ourselves occupied. From skiing to baking to taking up new hobbies, we're sharing our ideas for keeping busy and taking advantage of life at a slower pace this winter. Below you'll find personal tidbits and suggestions from our team members about how to get the most out of the season.

Gibson Wilkes



This is what I've been doing to keep sane during the Covid shut down. I'm donating these children's hats as I make them. My charity of choice is a homeless shelter for families in the McCall, Idaho area. I can make a hat in about five hours. It keeps my hands busy. I've made 15 hats so far this winter. And just when Kashi is finally adjusting to life in Idaho, we'll be heading back to Florida. And we welcomed our first grandbaby, Lucy Grace, in the late fall. The love of our life!



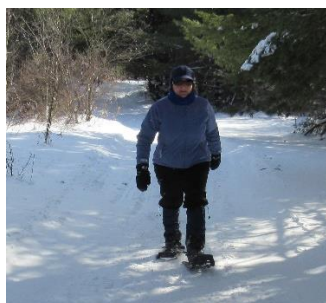
Matt Emery

My oldest and I enjoy sledding on the small (but steep) hill in our backyard. Unfortunately, the run continues into the woods which adds a bit of danger and excitement to it. If you're interested in sledding, minus the trees and rocks, I hear [Pineland](#) has a great hill!

Books: [War and Peace](#) by Leo Tolstoy.

Somehow, I had never read this before, so it was sort of a bucket-list book. I don't know why *War and Peace* has the reputation of being daunting. It's fantastic and I recommend it to anyone! It only took me a year to read it because I don't have a lot of free time (what parent does?) and I have a bad habit of reading more than one book at once. One tip: I would recommend writing down a brief description of the various characters as they're introduced. If I hadn't done that, I would've had a hard time remembering who they all were.

Mary Beth Malone



This winter, I hope we will do some [snowshoeing and nature walking on the great trails](#) we have available. If it's going to be cold and snowy, we may as well make the best of it! Although we do enjoy some fun in the snow, the thought of Summer never leaves us. We check on camp regularly and keep the driveway shoveled for the possibility for an early start to the season.

When not enjoying the outdoors, I enjoy cooking and trying new recipes. Or, I just prepare the latest Hello Fresh mail order dinner when I'm fresh out of my own ideas.

Grey Terry

As a family, we Terrys are trying to stay positive and focused on the good while we await the return to our normally scheduled lives. In order to safely stay connected to a small group of friends this winter, we have been spending time outside recreating and gathering around fire pits. Because we want to remain comfortable in the cold while we spend time outside, we have researched some really good functional layers. Since we can't go into the ski lodge to warm up we have found that [heated socks](#) in the ski boots keeps us more comfortable while skiing. We have also learned that wool as a base layer works and actually can make all the difference. If you are spending time around a fire, a [nice one piece winter suit](#) can be a game changer. Not only are they warm, but they are very fashionable, and will allow you to stay comfortable while enjoying the outdoors, especially during a Maine winter. These investments in comfort allow for an enjoyable time outside - and being outside even for a few hours can raise the spirits.

Those hours we are not outside, we continue to read as well as "binge-watch" a few shows. We've even invested in better cable! We are behind on some of the hit shows but currently recommend [Schitt's Creek](#) and [The Queens Gambit](#), both on Netflix. We have also been taking history classes from [The Great Courses Catalogue](#); they are pretty reasonable and have a wide array of offerings. Until this all passes, we will continue to make the most out of this

uninterrupted time together as a family while continuing to do our part to stay safe and keep those we love safe as well.

Paige Batchelder



If ever there was a good time of year to work from home, it's winter in Maine. We got our puppy, Hampton, in August, and watching him sleep by the fire, thoroughly content, helps remind me that perspective is everything. As far as he can tell, all is right with the world. He loved his first pile of autumn leaves, his first Thanksgiving dinner, his first snow, his first everything.

This winter, I'm resolved to finally finish a [needlepoint project](#) I've started and stopped a hundred times. I'm also going to dig into some of the more interesting books on [this list](#). My highly unoriginal New Year's resolution is to get back into pre-Covid shape. I'm going to wake up at 4am and drink raw eggs and work out for three hours every day. Or maybe I'll just do a Pilates video at lunch.

Teri Conley



In the spirit of trying something new this winter, I decided to make a Christmas gift for my daughter so, even though I am not an artist, I bought paints and a canvas and channeled Bob Ross. While the finished product wasn't too bad for a first attempt, it's safe to say painting will not be my new thing. My daughter and I have been getting together for dinner more often and trying new recipes. Here is one of our recent favorites:

<https://www.feastingathome.com/warm-lentils-wilted-chard-roasted-beets-and-goat-cheese/>. Thanks to the mild winter I've been able to take some bike rides, although gloves are a must! I adopted my kitty, Maya, last July and she has been a joy during these distanced days.

I started my new year with a dip in the ocean for a Special Olympics fundraiser and look forward to more ocean time as we head toward warmer weather.

Melissa Duffy



This winter I have embraced [Hello Fresh](#), the meal delivery service that provides all the ingredients to make dinner. It's reduced our need to go the grocery store and there is no left-over food waste. Our family has been spending time in the White Mountains this winter doing some skiing at Wildcat and Attitash ski areas. It has been a nice change of scenery for all of us. It almost seems like the time before Covid-19 as we look down from the chairlift to the slopes below.

I am currently reading [Mexican Gothic](#) by [Sylvia Moreno-Garcia](#) and [Squeeze Me](#) by [Carl Hiaasen](#).

Tonka is now 55 lbs and keeping us on our toes!

And introducing....Shana Bennett, our newest hire!



All this time at home has spurred me to be more creative in the kitchen. One of my family's current favorites are [sheet pan pancakes](#). Rather than flipping pancakes on a hot griddle, I pour my favorite pancake batter onto a baking sheet and put it in the oven for 15 minutes or so. The flavor combinations are endless, and any leftovers can be sliced and frozen for a quick, easy breakfast another day. I can even sneak in a serving of veggies by whipping up some [green pancakes](#), although my toddler would add that no batch is complete without a generous sprinkle of mini chocolate chips!

On a clear night we bundle up and head outside to scan the sky with our new telescope. Most recently there was a conjunction of Jupiter, Saturn, and Mercury visible just after sunset (no

telescope needed). Here are [Ten Celestial Events to Look Forward to in 2021 | Science | Smithsonian Magazine](#). There is much to look forward to in 2021, we just need to look up.

Looking Forward

It is our sincere hope that 2021 will eventually find us meeting with clients in person and returning to normalcy once again. Our optimism about the future and our gratitude for you, our wonderful clients, remains unchanged. We wish you the happiest of New Years.

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